

David Meets Goliath

Lesson 2



Scripture: 1 Samuel 17:1-24, 31-50

Bible Memory: Proverbs 17:17

“A friend loves you all the time.” (ICB)

“A friend loveth at all times.” (KJV)

Focus: ♥ God helps us to be brave.











Heart to Heart Teacher Devotion

The lesson for today is the second in a unit on the life of David. As you talk about how God helps us to be brave, remember that God is always with us, no matter what our circumstances may be. Thank Him for being ever present. Reflect on times that He has strengthened you and given you the courage to live for Him. *Thank You, God!*

Bible Background for the Teacher

King Saul’s army was preparing for war with a longtime enemy, the Philistines, on a battlefield about 15 miles west of Bethlehem. The Philistines’ champion warrior, Goliath, was considered over 9 feet tall. Young David, who was in camp to bring supplies to his brothers, stepped up to accept the enemy’s challenge: winner takes all. The sling David used was probably a wide piece of leather with a long strip of leather or cord of goat’s hair tied to each end.

Lesson 2 at a Glance

<p>1 GETTING STARTED Use one or more of these learning centers to help children <i>explore who David was.</i></p>	<p> Quick Step Big and Little</p> <p> Brave Shepherd</p> <p> Delivery People</p>	<p>HeartShaper Materials</p> <ul style="list-style-type: none"> • <i>Resources</i> sheet 1 activity cards 2a-2f • <i>Make-n-Share</i> for lesson 2 • none 	<p>Other Materials</p> <ul style="list-style-type: none"> • none • crayons, blunt-tip scissors, tape • plastic food items, empty food boxes
<p>2 BIBLE DISCOVERY Use all these activities to help children <i>tell how God helped David.</i></p>	<p> Sing and Pray</p> <p> Bible Time David Meets Goliath</p> <p> Bible Review</p> <p> Bible Memory</p>	<ul style="list-style-type: none"> • <i>Resources</i> CD, <i>Resources</i> sheet 1 David puppet 1k and Goliath puppet 2g, <i>Resources</i> CD Unit 1 Bible Memory Motions printable file 	<ul style="list-style-type: none"> • CD player, Bible, tape measure, reusable adhesive
<p>3 GROW AND GO Use one or more of these learning centers to help children <i>name ways God helps them to be brave.</i></p>	<p> Quick Step Who Helps You?</p> <p> Bravery Bags</p> <p> Bravery Tower</p> <p>Closing the Hour</p>	<ul style="list-style-type: none"> • none • none • none • <i>Heart Tugs</i> issue 2 	<ul style="list-style-type: none"> • none • paper lunch bags, cooked spaghetti in a resealable plastic bag, frozen ice pack, sandpaper, feathers, toy • paper cups • none

Getting Started (10–15 minutes)

- 1** Use one or more of these learning centers to help children **explore who David was**.

Welcome

- Use a Scamper puppet to greet the children.
- Place a name tag on each child, gather necessary information from the adult bringing the child; then guide the child to a learning center.
- Provide a container in which children can place their offering money.

Quick Step Big and Little

Before class, punch out the cards.

SAY: Today we will learn that David was a young man who had to take care of a really big problem. Let's name things that are little and things that are big.

Show the cards one at a time. Let the children tell you whether the item pictured is little or big (in real life). Then show the cards in comparison to one another. Let the children tell you which item is bigger or smaller. When finished, help children place the cards in order of smallest to largest, according to the items pictured on each card.

ASK: Did David have a little problem or a big problem? (big)

Which is the strongest—the bear and lion or the sheep?

SAY: ♥ God helps us to be brave, just like He helped David to be brave.

Brave Shepherd

SAY: Today we will learn about a young man named David. The Bible says David was a shepherd. Sometimes shepherds need to be brave. Let's all make brave shepherds to help us remember that ♥ God helps us to be brave.

Assist children as needed in making and assembling the puppets.

ASK: What do shepherds take care of? (sheep)

David was a shepherd. Who helped David to be brave? (God)

Can God help you to be brave like David? (yes)

Delivery People

SAY: In today's story, you will learn how a young man named David delivered food to his brothers. People were fighting where David had to go, but David knew that ♥ God helps us to be brave. Let's pretend to be like David and deliver food to each other.

One at a time, instruct each child to deliver a food item to another child. Using the food items available, ask children to deliver something round or yellow or small, etc.

ASK: What did David take to his brothers? (food)

Why did David need to be brave? (People were fighting where he had to go.)

PRAY: Thank You, God, that You help us to be brave when we need to be brave.

Especially for 2s!

Once something is in the hand of a 2-year-old, he may not want to release it. Ask him to choose a food item that he wants you to deliver to him.

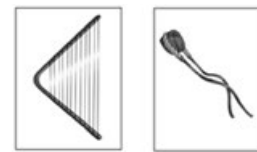
Focus

♥ God helps us to be brave.

Save all visuals for reuse throughout the quarter.

Materials

Resources sheet 1 activity cards 2a–2f



In addition to the cards, show concrete objects that are the same, but different in size. This may be easier to conceptualize for children who don't think abstractly.

Materials

Make-n-Share for lesson 2, crayons (or washable markers), blunt-tip scissors, tape



Materials

plastic food items, empty food boxes (cereal, pasta, etc.)



Something More!

Let children cut out food pictures from magazines and glue them onto paper plates.

Cleanup

Tell children that just as David delivered food to his brothers, they can help you clean up by “delivering” toys and supplies to their original places.



Focus

♥ God helps us to be brave.

Bible Discovery (20–25 minutes)

2 Use all these activities to help children **tell how God helped David.**

Materials

Resources CD tracks 3 and 4, CD player, Bible



Teaching Tip

Lyrics to “God Is Always with Me” can be found in the unit 3 folder on the CD.

Materials

tape measure, reusable adhesive, Resources sheet 1 David puppet 1k and Goliath puppet 2g



Teaching Tip

Remind children that they are never to throw rocks, even though David did. Explain that this was a time long ago when rocks were used in battles, and that little children don't fight in battles.

Something More!

Let children stand next to the wall and compare their heights to David's and Goliath's.

Materials

none



Materials

Resources CD Unit 1 Bible Memory Motions printable file, Bible



Sing and Pray

Sing “God Is Always with Me” and “A Friend Loves You.”

PRAY: **Dear God, thank You for teaching us that You help us to be brave. In Jesus' name, amen.**

SAY: **Do you know that I get scared when it's stormy outside? But ♥ God helps me to be brave. The Bible book of 1 Samuel (show 1 Samuel) tells us about a time when God helped David not to be scared.**

Bible Time

Before class, attach the David and Goliath puppets to one wall of your classroom at a height of 9 feet for Goliath and 5 feet for David.

ASK: **Have you ever seen someone who was 9 feet tall? David** (point to David) **met a man who was 9 feet tall** (point to Goliath), **but God helped David to be brave. I'm going to tell you about David. When I say “God helped David to be brave,” flex your muscles like this.** Show children how to do this while they also SAY: **We're not afraid.** Practice several times.

David was a young man who watched his father's sheep. Maybe he heard scary noises, but God helped David to be brave. Children flex muscles.

David's brothers were in King Saul's army. David's father asked David to take his brothers some food. David thought that there might be some fighting where he had to go. But God helped David to be brave.

When David got to where his brothers were, he saw a man who was 9 feet tall. His name was Goliath. Goliath wanted someone to fight him. The men in King Saul's army were scared. But not David. God helped David to be brave.

The king thought David was too small to fight. But David didn't think so. He knew he could defeat Goliath, because God helped David to be brave.

David found five smooth stones. He used his shepherd's sling to throw a stone right at Goliath's forehead! Down went Goliath. God helped David to be brave.

Bible Review

SAY: **God helped David to be brave. If what I say happened in our Bible story, stand up and flex your muscles. If it didn't happen, stay seated.**

- **David took food to his brothers while the king's army was fighting a battle. David was brave.** (children stand and flex)
- **Everyone wanted to fight Goliath.** (children sit)
- **The king thought David was too small, but David said God would help him to be brave.** (children stand and flex)
- **David fought Goliath with only a sling and five stones because David trusted God to help him. David was being brave.** (children stand and flex)

Bible Memory Proverbs 17:17

Before class, print and display the motions from the CD.

Read the verse as you point to each word in your Bible. Hand the open Bible to a child. That child should repeat the verse with you. Help each child repeat the verse as the Bible is passed. Review the motions together.

Grow and Go (15–20 minutes)

3 Use one or more of these learning centers to help children **name ways God helps them to be brave.**

Focus

♥ God helps us to be brave.

Quick Step Who Helps You?

SAY: Today we learned how God helped David to be brave. One way ♥ God helps us to be brave is by giving us each other to help us when we're afraid. Let's play a game to remember the people who help us when we're afraid.

Ask the children to line up, side by side, on the opposite side of the room from you. Name times when children might be afraid. (Examples: at night, in a storm, starting preschool) Ask each child to name a person who helps him in each situation and then to hop forward three times. When all children reach you, have them shout ♥ "God helps us to be brave!"

ASK: How does God help you to be brave?

Why did David need to be brave? (He had to fight Goliath.)

Lead children in a simple prayer, thanking God for His help.

Materials

none



Bravery Bags

Before class, place each in a separate lunch bag: cooked spaghetti in opened plastic bag, frozen ice pack, sandpaper, feathers, and a toy.

SAY: It might feel scary to try something new, but we learned today that ♥ God helps us to be brave. One way He helps us is by giving us friends to tell us that we can do it! Let's help each other do a fun activity.

Encourage children to reach into the bags one at a time and touch what is inside—even though they can't see, and don't know, what it is. Have the children encourage each other to be brave.

ASK: Why did you have to be brave to reach inside?

How does God help you to be brave?

SAY: God gives us friends to encourage us to be brave. Our Bible Memory teaches us about good friends. Say the verse from Proverbs 17:17.

Especially for 2s!

Let 2s watch you put the items in the bags.

Materials

paper lunch bags, cooked spaghetti in a resealable plastic bag (open just before activity), frozen ice pack, sandpaper, feathers, toy



See the lesson 2 Special Needs Helps on the Resources CD about using this activity to help children with learning differences reduce their own fears and anxieties.

Bravery Tower

SAY: Today we learned that God helped David to be brave when David met Goliath. ♥ God helps us to be brave when we are afraid. Let's build a bravery tower as we name some times when we are afraid and tell how ♥ God helps us to be brave.

Give each child a cup. Have children name times they're afraid and ways God helps them to be brave. (Examples: in the dark, at swim lessons, starting a new school) Help them stack the cups in a pyramid. Stack one cup for every idea they name. See how big they can build the tower.

ASK: When are you the most thankful that ♥ God helps us to be brave?

How many ways did we think of that ♥ God helps us to be brave?

Count how many ways the children named by counting the cups.

Materials

paper cups



Teaching Tip

Allow children to express an idea that's already been shared if they want to. Add a cup (or two) yourself if new ideas need to be mentioned.

Closing the Hour

• Be sure children who are leaving have their activity projects and this week's *Heart Tugs*.

David Meets Goliath

Lesson 2 Extra Hour



Scripture: 1 Samuel 17:1-24, 31-50

Bible Memory: Proverbs 17:17

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“A friend loveth at all times.” (KJV)

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The lesson for today is the second in a unit on the life of David. As you talk about how God helps us to be brave, remember that God is always with us, no matter what our circumstances may be. Thank Him for being ever present. Reflect on times that He has strengthened you and given you the courage to live for Him. *Thank You, God!*

Bible Background for the Teacher

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Lesson 2 at a Glance—Extra Hour

1 MORE! GETTING STARTED

Use one or more of these learning centers to help children *explore who David was*.



Quick Step
Where Are My Sheep?



Soldier’s Snack



Who Was David?

HeartShaper Materials

- *Heart Tugs* issue 2

- none

- *Resources* sheet 1 activity cards 2a-2f

Other Materials

- crayons

- wet wipes, crackers, cheese cubes, napkins

- reusable adhesive, beanbag

2 MORE! BIBLE DISCOVERY

Use all these activities to help children *tell how God helped David*.



More! Sing and Pray



Bible Time—Another Way!

David Meets Goliath



More! Bible Review



More! Bible Memory

- *Resources* CD, *Teaching Picture 2*, *Resources* sheet 1 David puppet 1k and Goliath puppet 2g, *Resources* CD Unit 1 Bible Memory Motions printable file

- CD player, Scamper puppet, Bible, highlighter, yardstick, tape

3 MORE! GROW AND GO

Use one or more of these learning centers to help children *name ways God helps them to be brave*.



Quick Step
Scamper Puppet Story



Bravery Wheel

Saying Good-bye

- none

- *Resources* CD Bravery Wheel printable file

- *Heart Tugs* issue 2

- Scamper puppet, very small Bible

- crayons, blunt-tip scissors, paper plates, glue sticks, paper fasteners

- Bravery Bags from first hour

More! Getting Started (10–15 minutes)

- 1** Use one or more of these learning centers to help children **explore** who David was.

Transition Time

- Greet new arrivals, giving each a name tag.
- Let children sing “A Friend Loves You” from the *Resources* CD.
- Serve a snack. Follow your congregation’s policy for restroom breaks.

Quick Step Where Are My Sheep?

Give each child a copy of today’s *Heart Tugs*. SAY: **Today we’re learning about a young man named David and how ♥ God helps us to be brave. Let’s help David find some sheep hidden in this picture.**

After the children find the sheep, let them color their pictures.

ASK: **Why do you think there are sheep in the picture?** (David was a shepherd.)

What do you think a shepherd does for his sheep? (feeds them, takes care of them, protects them)

Soldier’s Snack

SAY: **Today we’re learning about how a young man named David helped his father by taking some bread and some cheese to David’s brothers. There was a battle going on, but David wasn’t afraid to go, because he knew that ♥ God helps us to be brave. Let’s each give a snack to a friend while we say this rhyme: “We are not afraid. ♥ God helps us to be brave.”**

Have children clean their hands. Give each child a napkin with a few crackers and cheese cubes. Help each child give his snack of cheese cubes and crackers to a classmate. Lead children in saying the rhyme each time a snack is delivered.

ASK: **Was God a good friend to David?** (yes)

What did God help David do? (be brave)

Who Was David?

Before class, use reusable adhesive to adhere the cards to the floor, or a table, in a pyramid pattern.

SAY: **Today we are learning about a young man named David and how ♥ God helps us to be brave. Let’s review more about who David was by playing a game.**

Have children take turns tossing a beanbag toward the cards. When the bag lands on a card, that child can share what it shows about David’s life.

ASK: **In today’s story, who was David taking food to?** (his brothers)

What other things did David do for other people? (He played the harp for King Saul to help him feel better. He took care of his father’s sheep.)

How did God help David? (God helped David to be brave.)

Especially for 2s!

Tell 2s what the pictures show.

Focus

♥ God helps us to be brave.

Save all visuals for reuse throughout the quarter.

Materials

Heart Tugs issue 2, crayons



See the *Resources* CD for an alternative activity.

Something More!

Draw sheep faces onto white balloons, and let children use rulers to “herd” their sheep from one side of the room to the other.

Materials

wet wipes, crackers, cheese cubes, napkins



Teaching Tip

Check all food allergies and have an alternative snack available.

Materials

Resources sheet 1 activity cards 2a–2f, reusable adhesive, beanbag



Focus

♥ God helps us to be brave.

More! Bible Discovery (20–25 minutes)

2 Use all these activities to help children **tell how God helped David.**

Materials

Resources CD track 3, CD player, Scamper puppet



Teaching Tip

Words to “God Is Always with Me” can be found in the unit 3 folder on the CD.

Materials

highlighter, Teaching Picture 2, Resources sheet 1 David puppet 1k and Goliath puppet 2g, yardstick, tape, Bible



Materials

David and Goliath puppets from Bible Time—Another Way!, Teaching Picture 2



Materials

Resources CD Unit 1 Bible Memory Motions printable file, Bible



More! Sing and Pray

Sing “God Is Always with Me.”

PRAY: Thank You, God, that You help us to be brave like You helped David to be brave. In Jesus’ name, amen.

Bring Scamper in, shaking. **SAY: Scamper came to visit us today, but he’s a little scared. A cat was chasing him, and now he’s afraid. Can you each give Scamper a hug and tell him that ♥ God helps us to be brave?** Have children do so and then sit down.

Bible Time—Another Way!

Before class, highlight the words *David*, *Goliath*, and *army* on the back of the teaching picture. Tape the David and Goliath puppets back-to-back on the end of a yardstick. Hold it up high when you talk about Goliath and low when you talk about David.

SAY: Today we’re learning about what happened when David met Goliath. David wasn’t afraid, because he knew that ♥ God helps us to be brave. Our Bible story is from 1 Samuel. I’m going to read our story, and when I say the name Goliath, I want you to point to Goliath and say “He’s so tall.” When I say David, I want you to say, ♥ “God helps us to be brave.” When I say the word army, I want you to march. Ready? Read the story and do the actions along with the children.

More! Bible Review

SAY: I need your help reviewing our Bible story! I’m going to pass this puppet around the room, and when it’s your turn to hold it, you can answer my question by showing me the correct picture. Pass the puppet, asking each child one question to answer, using the puppet.

ASK: Who took care of his father’s sheep? (David)

Who took food to his brothers? (David)

Who was the very tall soldier in the enemy’s army? (Goliath)

Who volunteered to fight Goliath? (David)

Who took five stones and a sling to fight Goliath? (David)

Who laughed at David and called him a little soldier? (Goliath)

Who got hit in the head with a stone? (Goliath)

Who did God help to be brave? (David)

Continue asking questions that require an answer of David or Goliath until all children have had a chance to answer a question.

More! Bible Memory Proverbs 17:17

Before class, print and display the motions from the CD.

Tell the children that you are excited to hear them say the Bible Memory and watch them do the motions. Show the verse in your Bible. Then have children repeat Proverbs 17:17 after you, as they do the motions.

ASK: Who does our verse say loves you? (a friend)

When does a friend love you? (always)

More! Grow and Go (15–20 minutes)

3 Use one or more of these learning centers to help children **name ways God helps them to be brave.**

Quick Step “Scamper Goes to Climbing School” Story

Bring out Scamper with a small Bible. SAY: **Scamper, I’m so glad that you have a Bible with you. Scamper whispers to you. Really? You heard a little boy tell a story about a brave young man? That’s sounds like the story we learned about today!** Scamper nods excitedly and whispers to you again. **That’s amazing! Let’s tell the children.** Scamper puts the Bible down.

Scamper has been at climbing school. All the young squirrels his age were going. He’d climbed lots of trees before, but at climbing school the trees were REALLY big. Scamper reaches way up high. He watched his friends take their turns. They made it seem so easy, but . . . (Scamper looks down sadly) **Scamper was afraid. He didn’t know what to do.** Scamper shakes his head. **But then he remembered a story he heard a little boy tell. It was a story from the Bible.** Scamper points to the Bible. **It was the story about David and Goliath. The little boy said that ♥ God helps us to be brave.** Scamper nods excitedly. **Scamper knew that when it was his turn to climb, God would help him to be brave like God helped David to be brave.**

ASK: **What story did Scamper hear the little boy tell?** (David and Goliath)

Who did God help to be brave in the Bible story? (David)

Will God help us to be brave like He helped David to be brave? (yes)

Bravery Wheel

SAY: **Today we learned about how God helped David to be brave. Let’s make Bravery Wheels to help us remember ways that ♥ God helps us to be brave too.**

Let the kids color and cut out the scenes and glue them to their paper plates. Help each child attach a spinner to the center of the plate, using a paper fastener. Let children spin to see ways ♥ God helps us to be brave.

ASK: **Can you name another way that God helps you to be brave?**

Especially for 2s!



Omit the spinner for younger children. Simply let them point to a picture on the wheel, and tell them a way that God helps them to be brave.

Saying Good-Bye

• Gather children to play Bravery Bags from Grow and Go, first hour. Let the children take turns putting something in the bag for other children to reach in and guess what is in the bag.

• Be sure children have projects made in class and this week’s *Heart Tugs*. Encourage parents to identify things their children are afraid of. Ask them to use those situations to talk with their children about how ♥ God helps us to be brave. Note: A *Family Together Time* page is available online for families to download. See www.heartshaper.com.

Focus

♥ God helps us to be brave.

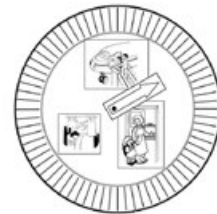
Materials

Scamper puppet, very small Bible



Materials

Resources CD Bravery Wheel printable file, crayons, blunt-tip scissors, paper plates, glue sticks, paper fasteners



Cleanup

Choose some children to be “Davids” and some to be “David’s brothers.” The children who are Davids should pick up items and carry them to the children who are David’s brothers. The children who are David’s brothers should put the items where they belong.

